



## North Wiltshire Orienteers (NWO)

Affiliated to the British Orienteering Federation and a member of the South West Orienteering Association.

Web: [www.northwilts.org.uk](http://www.northwilts.org.uk)



### Permanent Orienteering Courses

Using an orienteering map, find your way along a trail (or course) looking for special markers. You can go at your own pace – walk, jog or run. You can take part by yourself or with family or friends at any time you choose. It's good fun and a great way to learn about orienteering if you are new to it. There are more challenging courses for those that have orienteered before. Why not give it a try? If you are newcomers then we recommend you try Lydiard Park first. Watch this [video](#) to find out more.

Just read our [Permanent Course Conditions](#) and email your agreement to [poc@northwilts.org.uk](mailto:poc@northwilts.org.uk) saying which course you are interested in and we'll send you maps and details by return

